

APEX

SKATING ACADEMY

LOCATION

MONDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
23-Apr	Robert French	25-Apr	No Skating	26-Apr	Robert French	27-Apr	Robert French	28-Apr	Robert French	29-Apr	Robert French
30-Apr	CBS Arena	02-May	Robert French	03-May	CBS Arena	04-May	CBS Arena	05-May	No Skating	06-May	No Skating
07-May	Robert French	09-May	Robert French	10-May	No Skating	11-May	Robert French	12-May	Robert French	13-May	Robert French
14-May	CBS Arena	16-May	CBS Arena	17-May	CBS Arena	18-May	CBS Arena	19-May	CBS Arena	20-May	CBS Arena
21-May	No Skating	23-May	No Skating	24-May	No Skating	25-May	No Skating	26-May	CBS Arena	27-May	CBS Arena
28-May	CBS Arena	30-May	CBS Arena	31-May	CBS Arena	01-Jun	CBS Arena	02-Jun	CBS Arena	03-Jun	CBS Arena
04-Jun	CBS Arena	06-Jun	CBS Arena	07-May	CBS Arena	08-Jun	CBS Arena	09-Jun	CBS Arena	10-Jun	CBS Arena

SCHEDULE

MONDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
4:00-4:50	Sr. Freeskate 1	4:00-4:20	Jr/Int Skills/Dance	4:00-4:20	Int Skills/Dance	4:00-4:50	Sr Freeskate 1	9:00-9:50	Sr Freeskate 1	9:00-9:20	Jr Skills
4:50-5:10	Sr Skills/Dance	4:20-5:10	Jr/Int Freeskate	4:20-5:05	Int Freeskate	4:50-5:10	Sr Stroking	9:50-10:05	Sr Skill/Dance	9:20-10:05	Jr Freeskate
5:10-5:20	Flood	5:10-5:20	Jr/Int Stroking	5:05-5:20	Int Stroking	5:10-5:20	Flood	10:05-10:20	Sr Stroking	10:05-10:20	Jr Dance
5:20-6:10	Sr FreeSkate 2	5:20-5:30	Flood	5:20-5:30	Flood	5:20-6:10	Sr Freeskate 2	10:20-10:30	Flood	10:20-10:30	Jr Stroking
6:10-6:20	Flood	5:30-6:30	STAR Academy	5:30-5:50	Jr Dance/Skills	6:10-6:20	Flood	10:30-11:20	Sr Freeskate 2	10:30-10:40	Flood
6:20-6:45	Int Dance/Skills	6:30-6:40	Flood	5:50-6:40	Jr FreeSkate	6:20-6:45	Jr Dance/Skills	11:20-11:30	Flood	10:40-11:30	Sr Freeskate 1
7:45-7:35	Int FreeSkate	6:40-7:25	Int/Sr FreeSkate #1	6:40-6:50	Jr Stroking	6:45-7:35	Jr FreeSkate	11:30-11:55	Int Skills/Dance	11:30-11:50	Sr Skills/Dance
7:35-7:50	Int Stroking	7:25-7:40	Int/Sr Skills/Dance	6:50-7:00	Flood	7:35-7:50	Jr Stroking	11:55-12:45	Int FreeSkate	11:50-12:05	Sr. Stroking
		7:40-7:50	Flood	7:00-7:20	Sr Skills/Dance			12:45-1:00	Int Stroking	12:05-12:15	Flood
		7:50-8:35	Int/Sr FreeSkate #2	7:20-8:20	Sr Freeskate 2			1:00-1:10	Flood	12:15-1:05	Sr FreeSkate 2
		8:35-8:50	Int/Sr Stroking	OFF ICE JUMP CLASSES				1:10-2:00	Jr Freeskate	1:05-1:15	Flood
				4:50-5:20	Junior			2:00-2:25	Jr Skills/Dance	1:15-2:05	CANSKATE
				5:30-6:00	Intermediate			2:25-2:40	Jr Stroking	2:05-2:15	Flood
				6:10-6:50	Senior			2:40-2:50	Flood	2:15-2:35	Int Skills
								2:50-3:50	STAR Academy	2:35-3:20	Int Freeskate
										3:20-3:35	Int Dance
										3:35-3:50	Int Stroking

Jr Skaters - Skaters working on STAR 1 - 4 tests

Int Skaters - Skaters passed the Junior Bronze/STAR 4 FreeSkate test

Sr Skaters - Skaters passed the complete Junior Silver FreeSkate test

Wednesday divisions - Jr/Int - Skaters not passed the complete Senior Bronze FreeSkate test

Int/Sr - Skaters passed the complete Senior Bronze FreeSkate test