

APEX

SKATING ACADEMY

LOCATION

MONDAYS		TUESDAYS		WEDNESDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
24-Apr	Paradise	25-Apr	CBS	26-Apr	Paradise	28-Apr	CBS	29-Apr	CBS	30-Apr	CBS
01-May	Paradise	02-May	CBS	03-May	Paradise	05-May	no skating	06-May	CBS	07-May	CBS
08-May	Paradise	09-May	CBS	10-May	Paradise	12-May	Paradise	13-May	CBS	14-May	CBS
15-May	Paradise	16-May	CBS	17-May	Paradise	19-May	Paradise	20-May	CBS	21-May	CBS
22-May	no skating	23-May	Paradise	24-May	Paradise	26-May	Paradise	27-May	no skating	28-May	no skating
29-May	Paradise	30-May	Paradise	31-May	Paradise	02-Jun	Paradise	03-Jun	Paradise	04-Jun	Paradise
05-Jun	Paradise	06-Jun	Test Day	07-Jun	Test Day	09-Jun	Paradise	10-Jun	Paradise	11-Jun	Paradise

SCHEDULE

MONDAYS		TUESDAYS		WEDNESDAYS		FRIDAYS		SATURDAYS		SUNDAYS	
4:00-4:50	Sr. FreeSkate 1	4:00-4:25	Int Dance/SK	4:00-4:20	Jr/Int Dance/SK	4:00-4:50	Sr FreeSkate 1	9:00-9:20	Jr Skills	9:00-9:50	Sr Freeskite 1
4:50-5:10	Sr Skills/Dance	4:25-5:10	Int FreeSkate	4:20-5:10	Jr/Int FreeSkate	4:50-5:10	Sr Stroking	9:20-10:05	Jr FreeSkate	9:50-10:10	Sr Skill/Dance
5:10-5:20	FLOOD	5:10-5:25	Int Stroking	5:10-5:25	Jr/Int Stroking	5:10-5:20	FLOOD	10:05-10:20	Jr Dance	10:10-10:30	Sr Stroking
5:20-6:10	Sr FreeSkate 2	5:25-5:35	FLOOD	5:25-5:35	FLOOD	5:20-6:10	Sr FreeSkate 2	10:20-10:30	Jr Stroking	10:30-10:40	FLOOD
6:10-6:20	FLOOD	5:35-5:55	Jr Dance/SK	5:35-6:25	CANSKATE	6:10-6:20	FLOOD	10:30-10:40	FLOOD	10:40-11:30	Sr Freeskite 2
6:20-6:45	Int Dance/SK	5:55-6:45	Jr FreeSkate	6:25-7:10	Int/Sr FreeSkate 1	6:20-6:45	Jr Dance/SK	10:40-11:30	Sr FreeSkate 1	11:30-11:40	FLOOD
7:45-7:35	Int FreeSkate	6:45-6:55	Jr Stroking	7:10-7:30	Int/Sr Dance/SK	6:45-7:35	Jr FreeSkate	11:30-11:50	Sr Dance/Skills	11:40-12:05	Int Skills/Dance
7:35-7:50	Int Stroking	6:55-7:05	FLOOD	7:30-7:40	FLOOD	7:35-7:50	Jr Stroking	11:50-12:05	Sr. Stroking	12:05-12:55	Int FreeSkate
		7:05-7:55	Sr FreeSkate 1	7:40-8:25	Int/Sr FreeSkate 2			12:05-12:15	FLOOD	12:55-1:10	Int Stroking
		7:55-8:05	FLOOD	8:25-8:50	Int/Sr Stroking			12:15-1:05	Sr FreeSkate 2	1:10-1:20	FLOOD
		8:05-8:50	Sr FreeSkate 2					1:05-1:15	FLOOD	1:20-2:10	Jr Freeskite
								1:15-2:05	CANSKATE	2:10-2:35	Jr Skills/Dance
								2:05-2:15	FLOOD	2:35-2:50	Jr Stroking
								2:15-2:35	Int Skills	2:50-3:00	FLOOD
								2:35-3:20	Int FreeSkate	3:00-3:45	Jr/Int FreeSkate
								3:20-3:35	Int Dance	3:45-4:10	Jr/Int Dance/SK
								3:35-3:50	Int Stroking	4:10-4:20	Jr/Int Stroking
								3:50-4:00	FLOOD	OFF ICE CLASSES	
								4:00-4:45	Jr/Int FreeSkate	10:45-11:30	Intermediate
								4:45-5:10	Jr/Int Dance/Sk	11:40-12:25	Senior
								5:10-5:20	Jr/Int Stroking	12:30-1:10	Junior

Jr Skaters - Skaters working on STAR 1 - 4 tests
 Int Skaters - Skaters passed the Junior Bronze/STAR 4 FreeSkate test
 Sr Skaters - Skaters passed the complete Junior Silver FreeSkate test
 Wednesday divisions - Jr/Int - Skaters not passed the complete Senior Bronze FreeSkate test
 Int/Sr - Skaters passed the complete Senior Bronze FreeSkate test