

**Skate Canada Newfoundland
Avalon Region Interclub**

Hosted by:

Bell Island Figure Skating Club

Saturday, March 13, 2010

At

Monsignor Bartlett Memorial Arena

Entry packages must be accompanied by a single club cheque, payable to Bell Island Figure Skating Club, covering all entrants from that club. Entries are to be sent to:

Bell Island Figure Skating Club
P.O. Box 1169
Bell Island, NL
A0A 4H0

All entries must be received by the Bell Island Figure Skating Club by **February 13, 2010**. Clubs will be charged a fee of \$50 for entry packages received after February 13th.

Incomplete entry forms (i.e. missing Skate Canada numbers, date of birth, club or coaches signature) may be rejected. Please double check all applications before sending them in.

If you have any questions email Connie Bennett at kcbennett@nf.sympatico.ca or Andrea Clarke at andreaclarke@esdnl.ca

General Information

Entry Fees:

Single Events: \$15.00 per category plus official's development fee of \$7.00 per skater.

Dance Events: \$15.00 per category plus official's development fee of \$7.00 per skater.

Synchronized: \$20.00 per team plus \$2.00 per skater plus official's development fee of \$7.00 per skater (if this is the only event entered).

Note: Officials' Development fee will be paid once by each skater.

All skaters must be registered with Skate Canada and attach a copy of their Skate Canada Registration Card with their application.

Unless otherwise stated eligibility for all categories are based on Skate Canada Newfoundland and Labrador's 2009-2010 Junior Provincial eligibilities as listed in the 2009-2010 SCNL Technical Package. All required tests must be completed prior to February 1, 2010. Age requirements are based on the skater's age as of July 1, 2009.

Deadline:

Entries need to be returned to your home club **before** February 13, 2010. Please check with your home club for their deadline to return entries. The deadline for entries to be received by the Bell Island Figure Skating Club from your home club is February 13, 2010.

Events:

Boys and girls will compete in separate singles events. Dance teams may consist of similar or different gender. In dance events, entry must be made in the age category of the oldest member of the team.

Flights:

Where there are more than 15 skaters entered in an event the skaters shall be divided by random draw into equal flights with the top 3 placements in each flight being awarded a prize.

Helmets:

Competitors in events designated as "CanSkate" events must wear helmets as recommended by Skate Canada (this includes CanSkate Syncro). Competitors in "STARskate" events must be registered with Skate Canada in the STARskate program, or if still registered in the CanSkate program must wear a helmet.

Entries:

Each club may enter up to three skaters in each CanSkate category. Requests for up to three further entries will be considered if other clubs do not fill their allocation for a category. There is no restriction on the number of entries per club for the Pre-Preliminary and Preliminary categories.

Skaters who competed at Regionals are NOT eligible to enter the equivalent event at Interclub and skater who competed in STARskate events at Regionals are NOT eligible to compete in CanSkate events.

Skaters who won an Interclub event last year may not enter the same or equivalent event (i.e. same stage but different age category).

If there only one or two entries in a category, the host committee reserves the right to combine categories, or cancel the category one week prior to the competition.

Officials

Calculation of results

The One-by-One (OBO) accounting method will be used.

Judges

CanSkate events may be judged by active Evaluator/Judge trainees 14 years of age and older who have completed a Primary Evaluator/Juvenile Competitive Clinic or have been active Program Assistants for the previous two seasons and have completed the Junior Bronze Freeskate and Dance Tests.

Each club must submit names and contact details of two Program Assistants with their application forms; failure to do so may result in the rejection of the club's entries. If a club is unable to supply qualified Pas, then they must contact the Region Director for permission to waive this requirement before February 13, 2010. Pre-Preliminary and Preliminary events will be judged by Skate Canada certified judges.

Registration

Registration will be held at the arena. Skaters must be registered a minimum of 45 minutes prior to the scheduled start of their event. Music, for those events where skaters select their music, must be handed in to the registration desk. Music can be picked up at the registration desk after competition. CDs and cases must be marked with;

- *Name of competitor and home club
- *Name of event
- *Length of program
- *Master or copy

Awards will be made to 1st, 2nd and 3rd placing skaters in each event regardless of numbers. Skate Canada, its' clubs and/or the organizers of this competition waive all responsibility for damages or injuries suffered by the skaters as a condition of their entry therein. All competitors and their parents or guardians shall be deemed to assume all risk or injury connected with the conduct and management of the officers. Their entries shall only be accepted on this condition.

Events

Separate men's and women's single events will be skated. Men's and dance categories will be combined into 1 or 2 groupings per event unless numbers warrant.

Event	Qualification	Categories	Elements	Program
Canskate Stage 4	Must have passed the Stage 4 badge but no higher badge.	Women: 6 years and younger 7 years 8 years 9 years 10 years and older Men: 8 years and younger 9 years and older	1. Forward one foot spin 2. Forward power jump 3. 4 four backward circle thrusts followed by a glide into a left back out to a right forward outside (LBO-RFO) mohawk	3 elements to be skated
Canskate Stage 5	Must have passed the Stage 5 badge but no higher badge.	Women: 6 years and younger 7 years 8 years 9 years 10 years and older Men: 8 years and younger 9 years and older	1. Any upright one foot spin with more than one rotation 2. 4 forward cross cuts and 4 back cross cuts 3. Rotating power jumps from back cross cuts 4. Field movements 5. Additional elements are permitted	1 minute solo, music as provided by Skate Canada, NL
Canskate Stage 6	Must have passed the Stage 6 badge but no higher badge.	Women: 8 years and younger 9 years 10 years and older Men: 9 years and younger 10 years and older	1. 4 forward cross cuts, 4 backward cross cuts 2. Toe loop jump 3. Simple set pattern step sequence including 3-turns and mohawks 4. Salchow 5. Sit spin 6. Field movements 7. Additional elements are permitted	1 minute solo, music as provided by Skate Canada, NL
Canskate Stage 7	Must have passed the Stage 7 badge but no part of the Preliminary freeskate test. May not have competed at Regionals.	Women: 8 years and younger 9 years and older Men: No division by age	1. 4 forward cross cuts, 4 backward cross cuts 2. Waltz jump/Toe loop jump combination 3. Simple set pattern step sequence including 3-turns and mohawks 4. Loop jump 5. Camel spin 6. Field movements 7. Additional elements are permitted	1.5 minute solo, music as provided by Skate Canada, NL
STARskate Pre-Preliminary I (limited)	Must not have passed any part of the Preliminary freeskate test.	Women: 8 years and younger 9 years 10 years and older Men: 8 years and younger 9 years and older	As per Skate Canada STARskate technical package, well balanced program; no flip or lutz jumps permitted; a maximum of 5 jumps are permitted	1.5 minute solo; skaters may use own music or Canskate Stage 7 music as provided by Skate Canada, NL
STARskate Pre-Preliminary II	Must not have passed the complete Preliminary freeskate test.	Women: 9 years and younger 10 years and older Men: No division by age	As per Skate Canada STARskate technical package, well balanced program	1.5 minute solo
Preliminary Singles	Must have passed the complete Preliminary freeskate test.	Women: 9 years and younger 10 years and older Men: No division by age	As per Skate Canada STARskate technical package, well balanced program	2 minute solo
Pre-Preliminary Dance	Shall not have passed any of the Preliminary dance test.	9 years and younger 10 years and older	Compulsory dances to be skated (3 sequences): 1. Dutch Waltz 2. Canasta Tango	Skate Canada Series 8
Preliminary Dance	Each partner must have passed at least one Preliminary Dance but not the complete Junior Bronze dance test.	10 years and younger 11 years and older	Compulsory dances to be skated: 1. Dutch Waltz 2. Baby Blues	Skate Canada Series 8

2010 SCNL Avalon Region Interclub Entry Form

Competitor's Name			
Home Address and Postal Code			
Home and Emergency Phone Number			
Contact E-Mail Address			
Skate Canada Number			
Date of Birth	Month:	Day:	Year:
MCP Number	MCP Expiry:		
Name of Home Club			
Signature of Home Club Officer			
Club Contact Person			
Club Contact's Phone and Fax #s	Phone:	Fax:	
Home Club E-Mail			
Name of Coach			
Category	◇Canskate Stage 4	◇Canskate Stage 5	◇Canskate Stage 6
◇Men	◇Canskate Stage 7	◇Pre-Preliminary I	◇Pre-Preliminary II
◇Women	◇Preliminary	◇Pre-Preliminary Dance	◇Preliminary Dance
Age Group			
Name of Partner (if applicable)			
Music Time			
Highest Test Passed	Badge:	Freeskate:	Dance:
Did you win an Interclub event in 2009?	No:	Yes	Category:

NOTE:

- 1) Competitors entering more than event must complete an entry form for each category.
- 2) Entries will not be accepted unless a copy of current Skate Canada Membership Card is attached.

ENTRY FEES:

Singles and Dance - \$15.00 per event + \$7.00 per skater

Synchro - \$20.00 per team + \$2.00 per skater + \$7.00 per skater

CHEQUES PAYABLE TO: Your Home Club

Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure and falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs and any person acting on my behalf, the Host club and Skate Canada NL, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

This entry form has been accurately completed. Coach's Signature:	Competitor/Parent/Guardian's Signature: Parent/Guardian Signature if competitor under 18 years
Date:	Date:

Synchronized Skating

As per 2009-2010 Technical Package

No age limit

Teams must consist of a minimum of 8 skaters and a maximum of 16 skaters.

Skaters must have passed no higher complete test than Canskate Stage 7. (i.e. may have passed one or two Preliminary Dance tests, or one part of the Preliminary Freeskate test) as of February 1, preceding the competition.

Music has to be 2 minutes (± 10 seconds) for Synchro I and 2.5 minutes (± 10 seconds) for Synchro II. Music may contain vocals.

Note: Skaters registered in the Canskate program must wear approved helmets.

Elements to be skated:

1. Forward Straight Kick line – length of the ice
2. A single Backward Circle Formation – 2 complete revolutions
3. Forward Pinwheel
4. Forward Pass Through
5. Forward Simple Block

Teams will be judged on unison and shape of formations.

Difficulty is not a factor.

Quality and Presentation is a must.

Additional elements added to the program will not be judged.

There are two categories for the Synchro Events:

Event	Qualifications	Time
Synchro I	Skaters must not have been on teams that competed at Provincial Championships, Regionals or Eastern Regional Festival Events.	2 minutes (± 10 seconds)
Synchro II	Skaters may have been on teams that competed at Provincial Championships, Regionals or Eastern Regional Festival Events.	2.5 minutes (± 10 seconds)

2010 SCNL Avalon Region Interclub Canskate Synchronized Entry Form

Entry form and payment must be returned to your home club.

All cheques must be made payable to your home club.

Each club will submit all entry forms and a single cheque covering all their skaters in the competition.

Team Name:	Club
Coach(es)	Category <div style="display: flex; justify-content: space-between; padding: 5px;"> ◇Synchro I ◇Synchro II </div>
Skaters' Names	Skate Canada Numbers
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	

Club Approval

The _____ Club hereby approves the foregoing and confirms that the information on this application with particular reference to test qualification is correct.

Signature: _____ **Position:** _____

Accommodations

Heather's Haven

Bell Island, NL

Telephone: 709-488-3363

\$75.00 per night double occupancy

With Hot Breakfast

Please Call Heather

Belle of the Bay

Bell Island, NL

Telephone: 709-488-2500

Contact Linda

\$99.00 per room

\$125.00 per suite

With Hot Breakfast

For additional information, please visit the Bell Island website at

www.bellisland.net

Merchandise Order Form

Please complete this form and return, with payment, to your club with your application. All cheques have to be made payable to your club.

Name: _____

Club: _____

Phone Number: _____

Item #	Item Description	Size Circle One	Price Taxes Included	Quantity	Total
1	Navy Blue Hoodie	S (6-8) M(10-12) L(14-16) XL(18)	\$30.00	_____	_____
2	Light Blue Hoodie	S (6-8) M(10-12) L(14-16) XL(18)	\$30.00	_____	_____
				Total Amount	_____

