
**Avalon Region
2009 Off-Season Schools**

“QUALITY TRAINING AT HOME!”



Spring School: April 18th to May 29th, 2009
Fall School: September 4th to October 1st, 2009
Tests Days- May 30th, 31st and Oct-2nd, 3rd
Smallwood Arena
Mount Pearl, NL

The Avalon Region

Sanctioned By



GENERAL INFORMATION

SPRING SCHOOL – 6 Weeks-April 18 to May 29, 2009
TEST DAYS – MAY 30 and 31st

FALL SCHOOL – 4 Weeks- September 4 to October 1, 2009
TEST DAY – OCTOBER 2 - 3

TESTS SUBJECT TO AVAILABILITY OF JUDGES

THE AVALON REGION RESERVES THE RIGHT TO CANCEL ICE FOR TESTS OR LACK OF REGISTRATION

SCHEDULES SUBJECT TO CHANGE ACCORDING TO APPLICATIONS RECEIVED

APPLICATION DEADLINES AND FEE PAYMENTS

- Applications for **BOTH SPRING AND FALL** must be received by March 28, 2009
- Applications will be accepted only if accompanied by adequate payment
- Applications received prior to March 17, 2009 are deemed to have been received on March 17, 2009 and will be drawn randomly. As of March 17th its first come first serve. If to many committee will draw.
- Payment must be made by the following schedules: Please submit all cheques with applications. **NO CASH PLEASE**
- **SPRING**
 - 50% of fee dated April 17, 2009
 - Post-dated cheque for remaining amount dated April 18, 2009
- **FALL**
 - \$50.00 deposit dated August 15, 2009
 - Post-dated cheque for remaining amount dated September 1st, 2009
- Cheques may be made payable to: **AVALON REGION**

APPLICATIONS RECEIVED PAST DEADLINE ARE SUBJECT TO A \$50.00 LATE PAYMENT FEE

MUSIC

If you are interested in playing music during any session please indicate on the application form. **If you choose to play music you must commit to a particular session for the full season (Spring and/or Fall).** Those who play music will be compensated. You will be contacted with a schedule. Please check off box on application.

SKATER CLASSIFICATIONS

PRE-JUNIOR- Stage 4,5 and 6

JUNIOR: Stage 7 or Competing pre-preliminary or Preliminary

INTERMEDIATE: Must have passed Junior Bronze Freeskate or Senior Bronze Freeskate

SENIOR: Must have passed Junior Silver Freeskate or competitive test.

BORDERLINE STUDENTS: All tests must be complete Freeskate tests. Skaters with half required test registers for their proper level and applies to Administrative committee. Please contact the technical director. If after registration closes and openings Administrative committee will consider others based on availability and skating ability.

NOTE: All skaters must arrange for lessons with coach of choice.

Coaches-All coaches required to teach 4 stroking sessions peer school unless 3 or less students. Or you may pay \$20 per school to Avalon Region. Give cheque to Kevin Walsh.

REFUNDS AND NSF CHEQUES

- Requests for refunds must be directed to the Avalon Region Director, Brenda Kennedy.. Refunds are subject to a \$50.00 fee.
- NSF/Returned cheques are subject to a \$20.00 charge.

ALL OTHER ENQUIRIES MAY BE DIRECTED TO TECHNICAL DIRECTOR, KEVIN WALSH @T 747-8449 OR E-Mial kevinwalsh@nl.rogers.com. E-mail preferred.

MAILING ADDRESS FOR APPLICATIONS

Avalon Region Off-Season Schools
C/o 6 Kevin Walsh
24 Scammell Cres
Mt.Pearl,NL,A1N-2G2

Coaches List

Shirley Thistle
Wendy Mercer
Joanne Burry
Melanie Knox
Jean McCloy
Katie Blagdon
Erika Hunt
Janis Nofle
Amanda Conway
Amanda Vallis
Karen Jones
Lindsay Hillier
Neal Thorne
Amelia Vallis

Allison Dawe
Stephanie Noel
Shelley Simms
Michelle Walsh
Jennifer Osmond
Daisy Power
Georgette Pike
Krista Kirkland
Lori Brett
Kevin Walsh
Erica Nixon
Michelle Walsh
Andrea Canning

Please check with your coach for booking times and lessons.

All certified and paid coaches welcome.

All coaches required to coach 4 stroking sessions per school

Or pay Avalon Region \$20.

Any coaches working with 3 or less skaters are not required to

Teach stroking or pay \$20 fee. Please notify Kevin Walsh of your status if coaching 3 or less skaters.

All money for guest dance partner payable by cheque before test is tried. Make cheques payable to Avalon Region.

All coaches please notify Kevin Walsh of dance tests and lessons required. This is dance partnering and not a lesson on the dance.

All tests must be ready for when dance partner arrives.

All enquires may be directed to the Technical Director, Kevin Walsh- 747-8449 or kevinwalsh@nl.rogers.com

REGISTRATION FORM – FALL SCHOOL

PLEASE COMPLETE ALL INFORMATION ON FRONT AND BACK OF APPLICATION

NAME:	HOME CLUB #
MAILING ADDRESS:	PHONE #:
	DATE OF BIRTH:
e-mail-	MCP #
COACH:	SKATER'S SKATE CANADA #

HIGHEST TEST PASSED

FREESKATE	DANCE	SKILLS
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JUNIOR, INTERMEDIATE AND SENIOR

NUMBER OF DAYS	COST	TOTAL
2	\$145.00	
3	\$185.00	
4	\$225.00	
5	\$265.00	
6	\$305.00	
EXTRA FREE(taken on same day as regular session)	\$ 25.00 each @ _____ days	
TOTAL COST		

PLEASE INDICATE SKATER CLASSIFICATION

JUNIOR	INTERMEDIATE	SENIOR
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DAY	JUNIOR INTERMED SENIOR	INDICATE FREESKATE NUMBER	INDICATE EXTRA FREESKATE NUMBER	MUSIC
Monday				
Tuesday				
Wednesday		XXXXXXXXXXXXX	XXXXXXXXXXXXX	
Thursday				
Friday		XXXXXXXXXXXXX	XXXXXXXXXXXXX	
Saturday				
Sunday				

(OFFICE USE ONLY)				
DOWNPAYMENT				
POST-DATED				
TOTAL RECEIVED				

***Note:** Applications should be considered **accepted** unless we notify you that the session is full and return your cheque or money order.*

PLEASE COMPLETE ALL INFORMATION
REGISTRATION FORM – SPRING SCHOOL

NAME:	HOME CLUB #
MAILING ADDRESS:	PHONE #:
	DATE OF BIRTH:
e-mail-	MCP #
COACH:	SKATER'S SKATE CANADA #

HIGHEST TEST PASSED:

FREESKATE	DANCE	SKILLS
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JUNIOR, INTERMEDIATE AND SENIOR		
NUMBER OF DAYS	COST	TOTAL
2	\$215.00	
3	\$275.00	
4	\$335.00	
5	\$395.00	
6	\$455.00	
EXTRA FREE (taken on same day as regular session)	\$ 35.00 each @ _____ days	
ADMINISTRATION FEE	\$ 50.00	This is already included in price-for refund purposes
TOTAL COST		

PLEASE INDICATE SKATER CLASSIFICATION

JUNIOR	INTERMEDIATE	SENIOR
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DAY	JUNIOR INTERMED SENIOR	INDICATE FREESKATE NUMBER	INDICATE EXTRA FREESKATE NUMBER	DANCE/PAIRS	MUSIC
Monday				XXXXXXXXXX	
Tuesday				XXXXXXXXXX	
Wednesday		XXXXXXXXXX	XXXXXXXXXX	XXXXXXXXXX	
Thursday				XXXXXXXXXX	
Friday				XXXXXXXXXX	
Saturday					
Sunday					

(OFFICE USE ONLY)				
DOWNPAYMENT				
POST-DATED				
TOTAL RECEIVED				

Note: Applications should be considered **accepted** unless we notify you that the session is full and return your cheque or money order.

TEST PERMISSION

The skater named in this application being _____ is a member in good standing of the _____ Skating Club and is hereby granted permission to try tests while attending sessions of the Avalon Region Off-Season Schools.

Signature: _____ Position: _____



RELEASE

In consideration of its benefits awarded to us by acceptance of this application, the undersigned agrees to save and hold blameless the Avalon Region School, its professional coaches and officers, for any claims and injuries sustained while attending the school or during its sessions or for loss of property.

The undersigned agrees to abide by all rules of the school and of Skate Canada as set forth in the rule book of that association and will be responsible and pay promptly for all lessons and sessions booked for the skater in this application.

Skater's Signature: _____

Parent/Guardian (if under 18 yr.): _____

Date: _____

The Region reserves the right to refuse any application due to lack of payment to a Skate Canada registered club or coach by the applicant.

Avalon Region Spring/Fall Schedules

Pre-Jr=Pre-Junior CanSkate Stages 4, 5 & 6	Jr=Junior CanSkate Stage 7, Pre-Preliminary & Preliminary	Int=Intermediate Junior Bronze and Senior Bronze Freeskite	SR=Senior Junior Silver Freeskite and any Competitive test
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Note-All tests must have complete Freeskite test. Skaters with half test levels will be considered by Administration committee. Skaters applying to move up must register first in their proper skating level session and apply to move up with a letter.

Monday 4:00-4:25-Jr Skills 4:25-5:10-Jr Free 5:10-5:35-Jr Dance 5:35-5:45-Jr Stroking 5:45-5:55-FLOOD 5:55-6:40-SR Free#1 6:40-7:20-SR Skills/Dance 7:20-7:30-Stroking 7:30-7:40-FLOOD 7:40-8:25-SR Free#2	Tuesday 4:00-4:25-Int Skills 4:25-5:10-Int Free 5:10-5:35-Int Dance 5:35-5:45-Int Stroking 5:45-5:55-FLOOD 5:55-6:05-Pre-Jr Stroking 6:05-6:20-Pre-Jr Skills 6:20-6:50-Pre-Jr Free 6:50-7:05-Pre-Jr Dance 7:05-7:15-FLOOD 7:15-8:00-SR Free 8:00-8:40-SR Skill/Dance 8:40-8:50-SR Stroking	Wednesday 4:00-4:25-Jr Skills 4:25-5:10-Jr Free 5:10-5:35-Jr Dance 5:35-5:45-FLOOD 5:55-6:40-CANSKATE 6:40-6:50-FLOOD 6:50-7:15-Int Skills 7:15-8:00-Int Free 8:00-8:25-Int Dance
Thursday 4:00-4:25-Int Skills 4:25-5:10-Int Free 5:10-5:35-Int Dance 5:35-5:45-Int Stroking 5:45-5:55-FLOOD 5:55-6:40-SR Free#1 6:40-7:25-SR Skills/Dance 7:25-7:35-FLOOD 7:35-8:20-SR Free#2	Friday 4:00-4:30-SR Skills 4:30-5:15-SR Free 5:15-5:45-SR Dance 5:45-5:55-SR Stroking 5:55-6:05-FLOOD 6:05-6:30-Jr Skills 6:30-7:15-Jr Free 7:15-7:40-Jr Dance 7:40-7:50-Jr Stroking	
Saturday 8:30-8:55-Int Skills 8:55-9:40-Int Free 9:40-10:05-Int Dance 10:05-10:15-Int Stroking 10:15-10:25-FLOOD 10:25-10:50-Jr Skills 10:50-11:35-Jr Free 11:35-12:00-Jr Dance 12:00-12:10-Jr Stroking 12:10-12:20-FLOOD 12:20-12:30-Pre-Jr Stroking 12:30-12:45-Pre-Jr Skills 12:45-1:15-Pre-Jr Free 1:15-1:30-Pre-Jr Dance 1:30-2:15-CANSKATE 2:15-2:25-FLOOD 2:25-3:10-SR Free#1 3:10-3:50-SR Skill/Dance 3:50-4:00-SR Stroking 4:00-4:10-FLOOD 4:10-4:55-SR Free#2	Sunday 9:30-10:20-SR Free#1 10:20-11:00- SR Skills/Dance 11:00-11:10-SR Stroking 11:10-11:20-FLOOD 11:20-12:05-SR Free#2 12:05-12:30-Int Skills 12:30-12:40-Int Stroking 12:40-12:50-FLOOD 12:50-1:40-Int Free 1:40-2:05-Int Dance 2:05-2:15-FLOOD 2:15-2:40-Jr Skills 2:40-3:25-Jr Free 3:25-3:50-Jr Dance 3:50-4:00-Jr Stroking 4:00-4:10-FLOOD 4:10-4:20-Pre-Jr Stroking 4:40-4:35-Pre-Jr Skills 4:35-5:05-Pre-Jr Free 5:05-5:20-Pre-Jr Dance	

Skater Classifications

Pre-Junior: Stages 3,4,5 and 6

Junior: Stage 7 or competing pre-preliminary or preliminary

Intermediate: Must have passed Junior Bronze freeskate test or Senior Bronze freeskate test.

Senior: Must have passed complete Junior Silver freeskate test or a competitive test.

Borderline students: After registration a **coach may request to move either up or down if necessary and if space available. Half tests will be considered first. Apply to Administrative committee.**

Please contact Kevin Walsh with your requests. Skaters may be moved by Technical Director to accommodate spaces on sessions not full after start of school.

Note: All skaters must arrange lessons with a coach of their choice.

Fees for Spring(6 weeks) Fall(4 weeks)

Junior,Intermediate,Senior

Spring

2 Days-\$215

3 Days-\$275

4 Days-\$335

5 Days-\$395

6 Days-\$455

Fall

2 days-\$145

3 days-\$185

4 days-\$225

5 days-\$265

6 days-\$305

Extra freeskate sessions
\$35 each day chosen

Extra freeskate sessions
\$25 each day chosen

Accelerated Canskate

2 Days-\$80

3 Days-\$115

Accelerated Canskate

2 days-\$60

3 days-\$80

Guest Fees- Members- \$10 per Free \$8 per dance/skills

Non Members-\$15 per Free \$12 per dance/skills

Must contact Kevin Walsh atleast one day in advance. If space permits.

NOTE:Please submit all cheques for both schools with spring application.

NO CASH- cheques or money orders will be accepted. This applies to test days also.

Mailing Address for Application and Payments

Avalon Region

C/O Kevin Walsh

24 Scammell Cres

Mt.Pearl,NL

A1N-2G2

AVALON REGION OFF-SEASON SCHOOLS
PRE-JUNIOR APPLICATION - 2009 SEASON

Location:	Mount Pearl - Smallwood Drive Arena	
Dates:	Spring Session	Saturday, April 18th to Tuesday, May 26th
	Fall Session	Saturday, September 5th to Tuesday September 29th
Times:	Saturday	12:20 to 1:30 pm
	Sunday	4:10 to 5:20 pm
	Tuesday	5:55 to 7:05 pm
Cost:	Spring Session: 3 days/wk = \$115.00 2 days/wk = \$80.00	
	Fall Session: 3 days/wk = \$80.00 2 days/wk = \$60.00	

Cost for this program is for ice only. Skaters are required to pay for a private coach and should be with a coach at all times. Group lessons are welcome to a maximum of 8 skaters per coach. Skaters in this program cannot try Skate Canada tests. Skaters are welcome to join a junior session if space permits.

Application and Payment for Spring Session is due Friday, March 27, 2009

Cheque for Fall Session should be included and post-dated for August 15, 2009

Name:	Age:	DOB: / / (D/M/Y)
Mailing Address:	Postal Code:	
Telephone: (H) (W)	Skate Canada #:	
Home Club:	Coach:	
Last Badge Passed:	Session Applied for: Spring() Fall()	

Please indicate the days that you will be skating:				OFFICE USE ONLY	
Session	Saturday	Sunday	Tuesday	PYMT	CHQ #
Spring:					
Fall:					

Note: Applications should be considered accepted, unless we notify you that the session is full and return your cheque or money order.

RELEASE

In consideration of its benefits awarded to us by acceptance of this application, the undersigned agrees to save and hold blameless the Avalon Region Off-Season Schools, it's Professional Coaches and Officers, for any claims and injuries sustained. The undersigned agrees to abide by all rules of the school and of Skate Canada as set forth in the rule book of that association and will responsible to pay promptly for all lessons and sessions booked for the skater in this application.

Skater's Signature: _____

Parent's Signature (if under 18 yrs): _____

Date: _____

The Avalon Region reserves the right to refuse any application due to lack of payment to a SkateCanada registered club or coach by the applicant.

Cheque Payable to:

Mailing address for applications:

Avalon Region
24 Scammell
cres
Mt.Pearl,NL
A1N2G2

**Note: All enquiries should be
directed to Kevin Walsh @
747-8449 kevinwalsh@nl.rogers.com**